





Access to all day video surgery

**Hands on Practical** 

- Hip Revision
- Knee Revision
- Exeter Hip Course **=**
- Reverse Shoulder





Endorsed by EFORT

Under the auspices of

Aristotle University of Thessaloniki

Papageorgiou General Hospital

6-8 December 2019
Porto Palace Hotel
Thessaloniki

Preliminary Program



**6-8** December

# Welcome Address

On behalf of the European Hip Society (EHS), it is our pleasure to invite you to the 6<sup>th</sup> Masterclass in Arthroplasty Surgery Thessaloniki, which will take place on 6<sup>th</sup> - 8<sup>th</sup> December 2019 in Thessaloniki. Over 100 presentations will be delivered by 46 distinguished national and international experts in a very intense three day course.

The majority of the presentations are video-based as the primary aim is to technically educate Orthopaedic Specialists with an interest in joint arthroplasty and revision.

This three-day event incorporates state-of-the-art lectures, video demonstrations and hands-on workshops, all delivered by world-class faculty. The intimate meeting size of the workshops allows everyone to network with faculty and exchange opinions and experiences.

This year we introduce an innovative approach to Advanced Arthroplasty Surgery. In addition to the well-established Hip and Knee Reconstruction we introduce for the very first time the Shoulder and Elbow Reconstruction, Hip Preservation and Oncological Joint Reconstruction.

Therefore as from this year the MAST Conference includes all current concepts in Advanced Arthroplasty Surgery.

Delegates will have the opportunity to experience the Virtual Reality Training Platform and also young specialists who wish to apply for the Tsiridis – Frimley Park Fellowship will have a preliminary interview with the faculty.

We look forward to welcoming you to the hospitable city of Thessaloniki.

Kind regards

**Eleftherios Tsiridis** 

MD, MSc, PhD, FACS, FRCS Masterclass President **Jean-Alain Epinette** 

MD, PhD President of EHS



6-8 December

# Organization & Committees

### Organized by



European Hip Society (EHS)

#### **Endorsed by**



European Federation of National Associations of Orthopaedics and Traumatology (EFORT)

#### **Scientific Committee**

President - Chair Sayegh F.

#### **Hellenic Scientific Committee Members**

Babis G. Kapetanos G. Poultsides L.

Berris A. Karachalios T. Sarris I.

Christodoulou A. Megas P. Sayegh F.

Chronopoulos E. Nikolaou V. Tilkeridis K.

Drosos G. Papadopoulos P. Tsiridis E.

Georgoulis A. Papaggelopoulos P.

Givissis P. Petsatodis G.

#### **International Scientific Committee Members**

Atilla B. Kjærsgaard-Andersen P. Tokgözoĝlu A. M.

Bentlev G. Mohaddes M. Ullmark G.

Bondarenko S. Sotereanos D. J.



6-8 December

# Program

Friday, 6th December 2019

**Upper Extremity** 

08:00-09:00 **ABSTRACT SESSION** 

Shoulder and Elbow Arthroplasty

09:00-10:00 ANATOMIC TOTAL SHOULDER ARTHROPLASTY

Chair: Christoforides I., Giannakopoulos P.

- Pre-operative planning and PSI for anatomic shoulder arthroplasty Giais I.
- Navigation in shoulder arthroplasty Polyzois I.
- Humeral implants: which one? Givissis P.
- Total shoulder arthroplasty vs hemiarthroplasty for fractures. Is shoulder hemiarthroplasty still an option? Giannakopoulos P.
- Indication, classification and management of glenoid bone grafting for shoulder arthroplasty Kontakis G.

#### 10:00-11:00 REVERSE SHOULDER ARTHROPLASTY

Chair: Ferousis I., Papadopoulos P.

- Reverse shoulder arthroplasty in irreparable cuff tear and cuff tear arthropathy Papadopoulos P.
- Why to medialize / lateralize glenoid and / or humerus Leonidou A.
- Dealing with deformed or eroded glenoid Ferousis I.
- Reverse shoulder arthroplasty extended indications: primary osteoarthritis, fracture seguelae, younger patients, revision surgery

Antonogiannakis E.

· How to avoid instability and acromial stress fractures in reverse shoulder arthroplasty Sarris I.

11:00-11:30 **COFFEE BREAK** 



**6-8** December

# Program

## Friday, 6th December 2019

## **Upper Extremity**

#### 11:30-12:30 TOTAL ELBOW ARTHROPLASTY

Chair: Sourmelis S., Sinopidis C.

- Surgical approaches for TEA which is best?
   Savidou O.
- Linked vs unlinked TEA
   Varytimidis S.
- Hemiarhtroplasty of the elbow humeral replacement Ditsios K.
- Tips and tricks to optimize outcome in TEA Sourmelis S.
- TEA extended indications: fractures, younger patients, heterotopic ossification
   Sinopidis C.

#### 12:30-13:00 EXPERTS MEET THE EXPERTS

Chair: TBA

Experts: Ferousis I., Antonogiannakis E., Sarris I.

- Revision hemiarthroplasty / TSA to RSA surgery
   TBA
- TEA revision for infection TBA

#### 13:00-13:30 SKYPE INVITED SPEAKER(S)

Sotereanos D.J., Schmidt C.

Chair: Sarris I.

#### 13:30-14:00 LUNCH BREAK

(lunch box and satellite symposium)



**6-8** December

# Program

## Friday, 6th December 2019

## **Upper Extremity**

#### 14:00-15:00

## KNEE OSTEOARTHRITIS - PRIMARY - COMPLEX PRIMARY TKA Chair: Kinov P., Beletsiotis A.

- Uni-compartmental medial and lateral; When and how **Drosos G**.
- Osteotomy: is there still a role?
   Zacharakis N.
- Osteotomy vs partial knee replacement Triantafyllopoulos G.
- Soft tissue balancing for varus & valgus knee Lilikakis A.
- PF replacement and bicruciate retaining knee Nikolaou V.

#### 15:00-16:00

## COMPLEX TOTAL KNEE ARTHROPLASTY PROBLEMS

Chair: Drosos G., Nikolaou V.

- Extensor mechanism complications Kyriakides T.
- Stiff postoperative TKA Kinov P.
- The unstable TKA causes & cures
   Adam S.
- Post traumatic deformities & TKA Kenanidis E.
- Kinematic vs mechanical alignment Karachalios T.

#### 16:00-16:30

#### **COFFEE BREAK**



**6-8** December

# Program

Friday, 6th December 2019

# **Upper Extremity**

#### 16:30-17:30 REVISION TKA

Chair: Karachalios T., Georgoulis A.

- Surgical exposures in revision TKA Papadakis S.
- Implant choice: How much constrained?
   Kostakos A.
- Management of bone loss: TM augments and cones Chronopoulos E.
- Stem length and type of fixation (cemented vs uncemented) in revision setting
   Zacharakis N.
- Infected TKA
   Triantafylopoulos G.
- Periprosthetic knee fractures
   Tilkeridis K.

#### 17:30-17:45 **KEY NOTE SPEECH**

Navigation and robotics in arthroplasty Bitounis V.

#### 17:45-18:30 **EXPERTS MEET THE EXPERTS**

Chair: Atilla B., Tikhilov R.

Experts: Sturridge S., Zacharakis N., Macheras G., Karachalios T., Bondarenko S.

- Surgical exposures in revision TKA
- Post-traumatic complex arthroplasty

**6-8** December

# Program

Friday, 6th December 2019

# **Upper Extremity**

#### 18:30-19:00

**CURRENT TRENDS IN HIP AND KNEE ARTHROPLASTY** Chair: Babis G., Petsatodis G.

- Outpatient arthroplasty Epinette J.A.
- Aspirin vs thromboprophylaxis Sourmelis S.
- Blood and pain management Drosos G.
- Nerve blocks vs LIA Gkiouzomitrou E.



**6-8** December

# Program

Saturday, 7th December 2019



#### 08:30-09:30 HIP PRESERVATION

Chair: Tsiridis E., Steppacher S.

- Surgical algorithm in treatment of DDH Topalis C.
- AVN of the young hip: diagnosis and management Laliotis N.
- Painful young adult hip: role and boundaries of hip arthroscopy
   Poultsides L.
- Surgical hip dislocation: when and how? Christofilopoulos P.
- Periacetabular osteotomy: the Bernese experience **Steppacher S.**

#### 09:30-10:00 EXPERTS MEET THE EXPERTS - HIP PRESERVATION

(Video and Radiology case presentation) Chair: Christofilopoulos P., Steppacher S.

Experts: Tsiridis E., Sturridge S., Atilla B., Poultsides L., Topalis C.

- PAO
- Surgical hip dislocation

#### 10:00-10:30 **COFFEE BREAK**

#### 10.30-10.45 **KEY NOTE SPEECH**

The dilemma when THA is the only option left in the adolescent, young patient Kjærsgaard-Andersen P.

**6-8** December

# Program

## Saturday, 7th December 2019

# The Hip Day

#### 10:45-11:45

# THE COMBAT OF APPROACHES IS OVER - SPINO-PELVIC CONCEPT

(Video based presentations)

Chair: Berris A., Christodoulou A.

- Mini anterior vs mini posterior: question answered Bitounis V.
- THA through the anterior approach: pros and cons **Christofilopoulos P.**
- Spino-pelvic instability: how to do Poultsides L.
- Primary THA in previous hip surgery Proximal femoral deformity

Tokgözoglu A.M.

 Intraoperative acetabular and femoral fractures: fix the enemy

Kinov P.

 Component malposition, dislocation and leg length discrepancy
 Dionelis P.

#### 11:45-12:45

### **REGISTRY RESULTS AND ADVANCES TECHNOLOGIES** Chair: Kjærsgaard-Andersen P., Sayegh F.

- The British arthroplasty registry and the cemented hip paradox
  - Charity J.
- The arthroplasty registry overview of Thessaloniki Kenanidis E.
- The Swedish and Nordic registry results Mohaddes M.
- Dual mobility current concepts
   Epinette J.A.

#### 12:45-13:00

#### **KEY NOTE SPEECH**

The Quest for Prevention and Cure for Osteoarthritis of the Knee and Hip Bentley G.



**6-8** December

# Program

Saturday, 7th December 2019

The Hip Day

13:00-13:30 EXPERTS MEET THE EXPERTS - COMPLEX PRIMARY THA

(Video and Radiology case presentation)

Chair: Tsiridis E., Ullmark G.

Experts: Mohaddes M., Babis G., Atilla B., Tokgözoĝlu A.M., Tikhilov R.

- Proximal femoral deformity
- DDH
- Post traumatic THA

13:30-14:00 LUNCH BREAK

(lunch box and satellite symposium)

14:00-15:00 YOUNG ADULT THA FOR DDH AND ACETABULAR REVISION

**TECHNIQUES** 

(Video based presentations)

Chair: Megas P., Drosos G.

- DDH: dealing with the socket and the stem Tokgözoĝlu A.M.
- Classification of the acetabular and femoral defects Bondarenko S.
- How to remove cemented and uncemented sockets Sturridge S.
- Trabecular metal vs solid allograft vs impaction grafting Ullmark G.
- Jumbo socket, cup-on-cup and cup cage
   Macheras G.

**6-8** December

# Program

## Saturday, 7th December 2019



#### 15:00-16:00 **STEM**

#### STEM AND ACETABULAR REVISION

(Video based presentations)

Chair: Tokgözoğlu A.M., Sturridge S.

- Distraction for chronic pelvic dissociation and custom triflanges
   Babis G.
- ETO: how to do it and new concepts **Megas G.**
- Femoral impaction grafting technique Charity J.
- Modular distal tapered anatomical stems vs monolithic Wagner
  - Karachalios T.
- Instability and how to reconstruct the abductors Kenanidis E.

#### 16:00-16:30

#### **COFFEE BREAK**

#### 16:30-17:30

#### **HIP COMPLICATIONS UPDATE 2019**

Chair: Kapetanos G., Koukoumbis T.

- Diagnostic markers and an algorithm to approach the problem
   Digas G.
- Microbial profile, biofilm and indications for DAIR loannides G.
- Stage one vs stage two: when and how Zacharakis N.
- Periprosthetic acetabular, femoral and knee fractures
   Massari L.
- How to manage dislocation: constraint, dual mobility, PLAD Mohaddes M.





**6-8** December

# Program

Saturday, 7th December 2019

The Hip Day

#### 17:30-18:00 EXPERTS MEET THE EXPERTS - THA REVISION

(Video and Radiology case presentation) Chair: Tsiridis E., Kjærsgaard-Andersen P.

Experts: Megas P., Tikhilov R., Macheras G., Tokgözoĝlu A.M.,
Babis G.

- Acetabular reconstruction
- Femoral reconstruction

# 18:00-19:00 REACHING THE LIMITS IN ARTHROPLASTIES. TUMOURS AND HAEMOPHILIA

Chair: Papaggelopoulos P., Papavasiliou K.

- Total joint replacement in hemophilia patients: 20 years experience of a single center
  - L. Solimeno
- Distal femur arthroplasty in adults with musculoskeletal tumours
  - P. Gikas
- Tumours around the knee in the developing skeleton V. Kontogeorgakos
- Mega-prostheses in musculoskeletal oncology. What could go wrong
  - K. Papavasileiou

# Program

Sunday, 8th December 2019

# Practical hands on sessions and fellowship exams

08:00-09:00 **EXAMINATIONS** 

FOR THE TSIRIDIS FRIMLEY PARK ORTHOPAEDIC

**FELLOWSHIP** 

09:00-09:30 INTERVIEWS

FOR THE TSIRIDIS FRIMLEY PARK ORTHOPAEDIC

FELLOWSHIP UK AND HELLENIC FACULTY

09:00-13:00 HANDS ON WORKSHOP

(TWO SESSIONS 09:00-10:30 & 11:00-12:30)

Faculty: Adam S., Bondarenko S., Christofilopoulos P., Chronopoulos E., Digas G., Dionellis P., Drosos G., Ferousis I., Galanis N., Gikas P., Ioannidis G., Kenanidis E., Lilikakis A., Leonidou A., Nikolaou V., Papadopoulos P., Papavasiliou K., Polyzois I., Poultsides L., Sturridge S., Tilkeridis K., Topalis C., Triantafyllopoulos G., Zacharakis N.

#### Each candidate can attend maximum 2 practicals

- Hip revision: modular stems, socket trabecular augments, figure of 7
- Knee revision: TC3, CCK and tumor prosthesis
- Exeter Hip Course: cemented THA technique (Exeter certificate)
- VR training in arthroplasty THA TKA
- Reverse shoulder arthroplasty

10:30-11:00 **COFFEE BREAK** 

# General Information

#### **MASTERCLASS DATES AND VENUE**

December 6<sup>th</sup> – 8<sup>th</sup>, 2019 Porto Palace Hotel, Thessaloniki, Greece (65, 26th Octovriou Avenue, T. +30 2310 504504, F. +30 2310 540384 info@portopalace.gr)

#### **OFFICIAL LANGUAGE**

English will be the official language of the Masterclass and no simultaneous translation will be provided.

#### **CME ACCREDITATION**

The Masterclass will be accredited with CME by the European Accreditation Council for Continuing Medical Education (EACCME®).

#### CERTIFICATE OF ATTENDANCE

According to the European Accreditation Council for Continuing Medical Education (EACCME®), each medical specialist should claim only those credits that he/she actually spent in the educational activity. Certificates will be provided after the completion of the Scientific Program.

#### SYMPOSIUM BADGE

Delegates are obliged to show their congress badge at the entrance of Masterclass Hall for their attendance time to be registered.

#### **BARCODE**

A bar code system will be implemented during the Masterclass, to register the general participation of all delegates.

#### **EXHIBITION**

Within the Symposium area there will be an exhibition of medical equipment and pharmaceutical products.

#### **PRESENTATIONS**

Available visual equipment for all presentations will be through power point presentation. For powerpoint use, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant files. Use of personal computers will not be feasible.

#### **CURRENCY**

Greece's monetary unit is the Euro. No other currency is accepted and it is best to exchange dollars or other currency at a bank. The exchange rates are all the same throughout the country and you exchange money at a bank or official exchange shop where you will get the best running rates. Banks are open from 9:00 AM until 2:00 PM.

# General Information

#### **REGISTRATION FEE**

	Until September 30 <sup>th</sup> 2019	From October 1 <sup>st</sup> 2019
Specialist	200 €	220 €
Residents	150 €	170 €
Physiotherapists / Nurses	50 €	70 €
Students	FREE	FREE
Workshop* HIP REVISION	100 €	120 €
Workshop* EXETER HIP COURSE	100 €	120 €
Workshop* REVERSE SHOULDER & ELBOW ARTHROPLASTY	100 €	120 €
Workshop* VR TRAINING	100 €	120 €
ALL DAY VIDEO SURGERY**	20 €	40 €

Above rates include VAT 24%

## Registration fees include:

- Admission to the Masterclass
- Masterclass material
- Certificate of attendance
  - Admission to the exhibition

#### MASTERCLASS SECRETARIAT



#### THESSALONIKI.

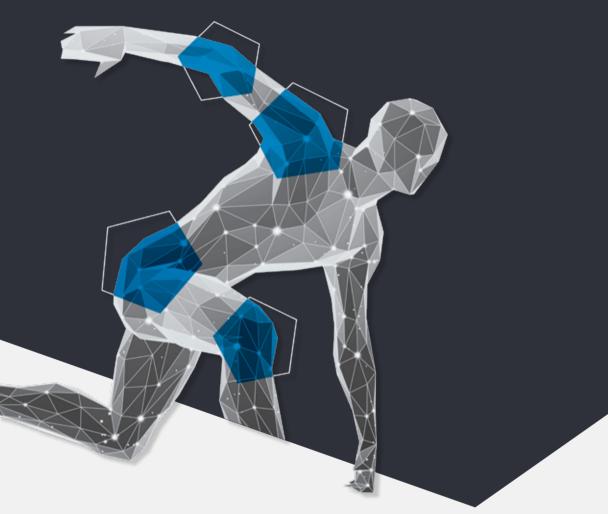
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<sup>\*</sup> Each participant may register for no more than 2 Workshops. Early registration for 2 Workshops: 170 €

<sup>\*\*</sup> The fee for the all-day video surgery corresponds to one ticket per person for the whole day





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